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Office # (706) 613-1625

EGD – Upper Endoscopy **(Esophagogastroduodenoscopy)**

NIGHT BEFORE PROCEDURE:

1. Nothing to eat or drink after midnight.

DAY OF PROCEDURE:

1. Nothing to eat or drink, not even water. You may brush your teeth.

2. **SPECIAL INSTRUCTIONS FOR MEDICATIONS:**

Heart Medicine	Take with sip of water only
Blood Pressure Medicine	Take with sip of water only
PPI / Reflux Medicine	Hold morning of the procedure
Insulin	Hold morning of the procedure
Blood Thinner (unless specified differently by the doctor)	Stop 5 days prior to procedure
Aspirin or aspirin like products (naprosyn, advil, motrin, ibuprofen)	Stop 5 days prior to procedure
Iron Preparations	Stop 3 days prior to procedure
Vitamin E	Stop 3 days prior to procedure
Oral Diabetic Medicine	Hold morning of procedure

If you are diabetic: Check your blood sugar prior to coming to the office for your procedure

REPORT TO: _____

Arrival Time _____ Day _____ Date _____

3. **No ride – No procedure. Someone must accompany you and drive you home.**
4. Plan to be at the office or hospital for 1 ½ to 2 ½ hours.
5. If you have any questions or need to reschedule, please call the office at (706) 613-1625 as soon as possible.