

Jeff M. Williams, MD
Board Certified Gastroenterologist



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PRE-ANESTHESIA INSTRUCTIONS

- **NOTHING** to eat or drink **AFTER** midnight the night before your procedure – including water from the water fountain in the lobby, morning coffee, or breakfast.
- If you are diabetic and your blood sugar falls during the night, please contact the office and the physician on call will instruct you on what to take.
- If you have an insulin pump, please call your primary care physician, endocrinologist, or whoever follows your diabetes to get instructions for when you are not eating or drinking.
- If you normally take blood pressure or heart medications in the mornings, please take them with a **SIP OF WATER – no other liquids.**
- Please **DO NOT** take pain medications, methadone, or diabetic medications the morning of your procedure.
- If you use inhalers, even just as needed, please use them the morning of your procedure and **BRING THEM WITH YOU.**
- **NO CHEWING TOBACCO, MARIJUANA, CIGARETTES, CHEWING GUM, COUGH DROPS, OR MINTS THE MORNING OF YOUR PROCEDURE.**
- Please tell the nurse if you are allergic to eggs or soybeans when you check in.
- Dentures must be removed prior to your procedure, so please do not glue them in so tight you cannot remove them.

**** THERE IS A \$100 CANCELLATION CHARGE FOR ANY PROCEDURE THAT IS NOT CANCELLED WITHIN 24 BUSINESS HOURS OF YOUR SCHEDULED APPOINTMENT!! ****