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## SUPREP INSTRUCTIONS

**DAY BEFORE PROCEDURE:** \_\_\_\_\_

**1. Clear liquid diet all day:** Examples - black coffee, tea, soft drinks, apple juice, Gatorade, broth (chicken, beef, or vegetable), Jell-O, popsicles, and hard candy.

**\*\*NO SOLID FOODS, NOTHING RED IN COLOR, AND NO MILK PRODUCTS!\*\***

**2. At 4:00pm:**

- Pour one 6 oz bottle of Suprep liquid into the mixing container.
- Add water to the 16-ounce line on the container and mix.
- Drink all the liquid in the container.
- After completing dose, fill up mixing cup with water or a clear liquid of your choice (2 times) and drink before your next dose at 9 o'clock.

**3. At 9:00pm:**

- Pour one 6 oz bottle of Suprep liquid into the mixing container.
- Add water to the 16-ounce line on the container and mix.
- Drink all the liquid in the container.
- After completing dose, fill up mixing cup with water or your choice of clear liquid (2 times) and drink before you go to bed.

**4. NOTHING TO EAT OR DRINK AFTER MIDNIGHT!**

**DAY OF PROCEDURE:** \_\_\_\_\_

**1. 1 ½ hour prior to arrival or leaving your house: DO ONE FLEET ENEMA (purchase over the counter).**

**2. Do not eat or drink anything, not even water. Nothing to eat, drink, smoke, or chew (no water, gum, or candy). You may brush your teeth.**

**3. Special instructions for routine medications:**

Blood pressure medicine	Take with a sip of water
Heart medicine	Take with a sip of water
Oral Diabetic medicine	Hold morning of the procedure
Blood thinner	Stop 5 days before procedure
Aspirin or aspirin products	Stop 5 days before procedure
Iron preparations	Stop 5 days before procedure
Vitamin E	Stop 5 days before procedure
Insulin	Hold morning of the procedure

**\*If you are a diabetic, please check your blood sugar prior to coming in for your procedure.**

**REPORT TO:** \_\_\_\_\_

**Arrival Time:** \_\_\_\_\_ **Day:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**NO RIDE, NO PROCEDURE! DRIVER MUST NOT LEAVE. EXPECT TO BE AT FACILITY FOR APPROXIMATELY 2 HOURS.**

Commerce  
Northridge Specialty Clinic  
209 Mercer Place  
Commerce, GA 30529

Greensboro  
Tender Care Clinic  
803 South Main Street  
Greensboro, GA 30642

Lavonia  
St. Mary's Sacred Heart  
367 Clear Creek Drive Suite 2003  
Lavonia, GA 30553

Hartwell  
Hartwell Family Practice  
229 Athens St.  
Hartwell, GA 30643