Jeff M. Williams, MD Board Certified Gastroenterologist



Main Office 3320 Old Jefferson Road Building 400 Athens, GA 30607 (706) 613-1625 Phone (706) 613-1629 Fax

PRE-ANESTHESIA INSTRUCTIONS

- **NOTHING** to eat or drink **AFTER** midnight the night before your procedure including water from the water fountain in the lobby, morning coffee, or breakfast.
- If you are diabetic and your blood sugar falls during the night, please contact the office and the physician on call will instruct you on what to take.
- If you have an insulin pump, please call your primary care physician, endocrinologist, or whoever follows your diabetes to get instructions for when you are not eating or drinking.
- If you normally take blood pressure or heart medications in the mornings, please take them with a **SIP OF WATER no other liquids**.
- Please DO NOT take pain medications, methadone, or diabetic medications the morning of your procedure.
- If you use inhalers, even just as needed, please use them the morning of your procedure and **BRING THEM WITH YOU**.
- NO CHEWING TOBACCO, MARIJUANA, CIGARETTES, CHEWING GUM, COUGH DROPS, OR MINTS THE MORNING OF YOUR PROCEDURE.
- Please tell the nurse if you are allergic to eggs or soybeans when you check in.
- Dentures must be removed prior to your procedure. Please do not glue them in so tight you cannot remove them.

** THERE IS A \$250.00 CANCELLATION CHARGE FOR ANY PROCEDURE THAT IS NOT CANCELLED WITHIN 24 BUSINESS HOURS OF YOUR SCHEDULED APPOINTMENT!! **