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## SUTAB INSTRUCTIONS

**DAY BEFORE PROCEDURE:** \_\_\_\_\_

**1. Clear liquid diet all day:** Examples - black coffee, tea, soft drinks, apple juice, Gatorade, broth (chicken, beef, or vegetable), Jell-O, popsicles, and hard candy.

**\*\*NO SOLID FOODS, NOTHING RED IN COLOR, AND NO MILK PRODUCTS!\*\***

**2. At 5:00pm:** \*If you begin to feel nauseated slow down the rate of drinking the additional water until symptoms diminish

- Open 1 bottle of 12 tablets
- Fill provided container with 16oz of water (up to fill line). Swallow each tablet with a sip of water, drink entire amount over 15-20 minutes
- One hour after last tablet is ingested, fill container a second time with 16oz of water (to fill line) and drink
- 30 mins after finishing second container of water, fill container again with 16oz of water (to fill line) and drink

**2. At 10:00pm:**

- Open 1 bottle of 12 tablets,
- Fill provided container with 16oz of water (up to fill line). swallow each tablet with a sip of water, drink entire amount over 15 mins
- One hour after last tablet is ingested, fill container a second time with 16oz of water (to fill line) and drink
- 30 mins after finishing second container of water, fill container again with 16oz of water (to fill line) and drink

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT!**

**DAY OF PROCEDURE:** \_\_\_\_\_

**1. 1 ½ hour prior to arrival or leaving your house: DO ONE FLEET ENEMA (purchase over the counter).**

**2. Do not eat or drink anything, not even water. Nothing to eat, drink, smoke, or chew (no water, gum, or candy).**

**3. Special instructions for routine medications:**

Blood pressure medicine	Take with a sip of water
Heart medicine	Take with a sip of water
Oral Diabetic medicine	Hold morning of the procedure
Blood thinner	Hold _____ days before procedure
Aspirin or aspirin products	Hold _____ days before procedure
Iron preparations	Stop 5 days before procedure
Vitamin E	Stop 5 days before procedure
Insulin	Hold morning of the procedure

**\*If you are a diabetic,** please check your blood sugar prior to coming in for your procedure.

**\*Please pick up your prep from the pharmacy at least 3-5 days before your procedure.** If your procedure is on a Monday, pick up from the pharmacy by the Friday before your procedure to avoid problems with receiving your prep due to cost, insurance, pharmacy availability, etc.

**REPORT TO:** \_\_\_\_\_

**Arrival Time:** \_\_\_\_\_ **Day:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**NO RIDE, NO PROCEDURE! DRIVER MUST NOT LEAVE. EXPECT TO BE AT FACILITY FOR APPROXIMATELY 2 HOURS.**

Lavonia  
St. Mary's Sacred Heart  
367 Clear Creek Drive  
Suite 2007  
Lavonia, GA 30553

Greensboro  
Oconee Valley Health  
803 South Main Street  
Greensboro, GA 30642

Hartwell  
Hartwell Family  
Practice  
229 Athens St.  
Hartwell, GA 30643

Madison  
Morgan Medical  
Center  
1740 Lions Club  
Suite 100  
Madison, GA 30650

Commerce  
Northridge Specialty  
Clinic  
209 Mercer Place  
Commerce, GA 30529