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CLENPIQ INSTRUCTIONS

DAY BEFORE PROCEDURE: _____

1. Clear liquid diet all day: Examples – black coffee, tea, apple juice, soft drinks, Gatorade, broth (chicken, beef, or vegetable), Jell-o, popsicles, and hard candy.

****NO SOLID FOODS, NOTHING RED IN COLOR, AND NO MILK OR MILK PRODUCTS!****

2. At 3:00 PM:

Drink one bottle of CLENPIQ. Drink all the solution and continue hydrating by drinking an additional five 8-oz servings of the CLEAR liquid of your choice.

3. At 8:00 PM:

Drink one bottle of CLENPIQ. Drink all the solution and continue hydrating by drinking an additional five 8-oz servings of the CLEAR liquid of your choice.

4. NOTHING TO EAT OR DRINK AFTER MIDNIGHT! *You may experience bloating, nausea, and/or chilliness after starting the bowel prep. You may try drinking with a straw and drinking chilled. This is temporary and should improve after your bowels start moving.

DAY OF PROCEDURE: _____

1. 1 ½ hours prior to arrival or leaving your house: DO ONE FLEET ENEMA (purchase over the counter).

2. Do not eat or drink anything, not even water. You may brush your teeth.

3. Special Instructions for routine medications:

Blood pressure medicine	Take with a sip of water
Heart medicine	Take with a sip of water
Oral Diabetic medicine	Hold morning of the procedure
Blood thinner (Plavix, Eliquis, Brilinta, Xarelto)	Hold the morning of procedures
Aspirin or aspirin products	Hold 5 days before procedure
Iron preparations	Stop 5 days before procedure
Vitamin E	Stop 5 days before procedure
Insulin	Hold morning of the procedure
Coumadin	Talk to your medical provider

4. If you are a diabetic, please check your blood sugar prior to coming in for your procedure. If your blood sugar is low and you are having symptoms, drink 2-4 ounces of apple juice (this may delay your procedure).

****If your prep is changed,** please visit www.athensgastro.com, for patients, procedure preparation. Click the that corresponds to the new prep you were given.

***Please pick up your prep from the pharmacy at least 3-5 days before your procedure.** If your procedure is on a Monday, pick up from the pharmacy by the Friday before your procedure to avoid problems with receiving your prep due to cost, insurance, pharmacy availability, etc.

REPORT TO: _____

Arrival Time: _____ **Day:** _____ **Date:** _____

Commerce
Northridge Specialty Clinic
209 Mercer Place
Commerce, GA 30529

Greensboro
Tender Care Clinic
803 South Main Street
Greensboro, GA 30642

Lavonia
St. Mary's Sacred Heart
367 Clear Creek Drive Suite 2003
Lavonia, GA 30553

Hartwell
Hartwell Family Practice
229 Athens St.
Hartwell, GA 30643