

Jeff M. Williams, MD
Board Certified Gastroenterologist



Main Office
3320 Old Jefferson Road
Building 400
Athens, GA 30607
(706) 613-1625 Phone
(706) 613-1629 Fax

EGD (Esophagogastroduodenoscopy)

DAY BEFORE PROCEDURE: _____

- 1. Consume only liquids after lunch the day before your procedure.**
Examples: smoothies, milkshakes, yogurt, soda, sports drinks
- 2. NOTHING TO EAT OR DRINK AFTER MIDNIGHT!**

DAY OF PROCEDURE: _____

- 1. Nothing to eat or drink, not even water. You may brush your teeth.**
- 2. SPECIAL INSTRUCTIONS FOR ROUTINE MEDICATIONS:**

Blood pressure medicine	Take with a sip of water
Heart medicine	Take with a sip of water
Oral Diabetic medicine	Hold morning of the procedure
Blood thinner (Plavix, Eliquis, Brilinta, Xarelto)	Hold the morning of procedures
Aspirin or aspirin products	Hold 5 days before procedure
Iron preparations	Stop 5 days before procedure
Vitamin E	Stop 5 days before procedure
Insulin	Hold morning of the procedure
Coumadin	Talk to your medical provider

* **If you are a diabetic**, please check your blood sugar prior to coming in for your procedure. If your blood sugar is low and you are having symptoms, drink 2-4 ounces of apple juice (this may delay your procedure)

REPORT TO: _____

Arrival Time: _____ **Day:** _____ **Date:** _____

Lavonia
St. Mary's Sacred Heart
367 Clear Creek Drive
Suite 2007
Lavonia, GA 30553

Hartwell
Hartwell Family Practice
229 Athens St.
Hartwell, GA 30643

Madison
Morgan Medical Center
1740 Lions Club
Suite 100
Madison, GA 30650

Commerce
Northridge Specialty Clinic
209 Mercer Place
Commerce, GA 30529